



COMMUNITY RESOURCE GUIDE (DALLAS/FORT WORTH)

THE FINANCIAL PLANNING ASSOCIATION DOES NOT ENDORSE ANY SERVICE OR ORGANIZATION ON THIS LIST. THIS LIST IS SOLELY PROVIDED AS A RESOURCE OF CONTACT INFORMATION FOR CONSUMERS.

EMERGENCY NUMBERS

Emergency.....9-1-1

Poison Control

Texas Poison Control.....(800) 222-1222

North Texas Poison Control.....(214) 589-0911

www.poisoncontrol.org

Dallas Hospitals

Parkland Hospital(214) 590-8000

Baylor Health Care System.....(214) 820-9700

Fort Worth Hospitals

JPS Health Network.....(817) 921-3431

Harris Methodist.....(817) 882-2760

Dallas Fire-Rescue

Emergency Response.....(214) 670-4611

Emergency Medical Services.....(214) 670-4311

Fort Worth Fire-Rescue

Emergency.....9-1-1

Non-Emergency.....(817) 922-3000

GENERAL

Health and Human Services.....2-1-1

United Way Dallas.....(214) 978-0000

United Way Tarrant County.....(817) 258-8000

www.211texas.org

www.tarrantcounty211.org

ABUSE – CHILD AND ADULT

Child, Adult, and people with disabilities Abuse Hotline.....(800) 252-5400
www.txabusehotline.org
Child and Family Guidance Centers.....(214) 351-3490
Dallas Police Department Family Violence Squad.....(214) 670-7075
National Domestic Violence Hotline.....(800) 799-SAFE

ALCOHOL AND DRUG ABUSE

AA Metropolitan Dallas Info.....(214) 887-6699
Memorial Herman Prevention and Recovery Center.....(877) 464-7272
Hickory Trail Hospital.....(972) 298-7323
Valley Hope Alcohol & Drug treatment Center.....(817) 424-1305
Presbyterian Hospital of Dallas.....(214) 345-7355
Catholic Alcoholism Ministry.....(972) 960-2166
Dallas Country Treatment Center.....(214) 946-5540
Alcoholic Recovery.....(214) 823-3200

CHILD CARE AND YOUTH SERVICES INFORMATION

Child Care Assistance.....(214) 630-5949
Family Services Customer Service.....(214) 905-2469
Department of Family and Protective Services – Dallas Office (TF).....(800) 582-6036
Department of Family and Protective Services – Fort Worth Office (TF).....(800) 582-8286

COUNSELING AND MENTAL HEALTH

Counseling and Crisis Line.....(972) 233-2233

EMPLOYMENT

Texas Workforce.....(800) 832-2829
www.WorkInTexas.com

FINANCIAL ASSISTANCE

Dallas County Welfare.....(214) 819-2000
www.socialwelfareservices.org

FOOD

Dallas

North Texas Food Bank.....(214) 330-1396
Skillman Church of Christ Food Pantry.....(214) 826-4221
Aids Resource Food Pantry.....(214) 521-3390
Operation Hope Food Pantry.....(214) 565-9136
Central Dallas Ministries.....(214) 823-8710

Fort Worth

Tarrant Area Food Bank.....(817) 332-9177
Texas Food Bank Network.....(817) 735-9292
Community Food Bank.....(817) 924-3333
Richland Hills Church of Christ - Food Bank.....(817) 281-2807

HOMELESS/TRANSITIONAL SERVICES

Metro Dallas Homeless Alliance.....(214) 670-1100
Presbyterian Night Shelter (Fort Worth).....(817) 632-7400
Tarrant County Samaritan House.....(817) 332-6410

HOUSING ASSISTANCE

Dallas County Housing Agency.....(214) 819-2000
Tarrant County Housing.....(817) 531-7640
www.texashousing.org

LAW ENFORCEMENT

Dallas Police/Fire/Ambulance.....(214) 744-4444
http://www.dallaspolice.net/
Fort Worth Non Emergency.....(817) 335-4222
http://www.fortworthpd.com/directory.htm

LEGAL ASSISTANCE

Catholic Charities Immigration and Legal Services.....(214) 634-7182
American Civil Liberties Union of North Texas.....(214) 939-8089
Advocacy Incorporated.....(214) 630-0916
Dallas Bar Association.....(214) 220-7476
Dallas Legal Hospice.....(214) 521-6622
Dallas Volunteer Attorney Program.....(214) 748-1234 ext. 3348
Fathers for Equal Rights.....(214) 953-2233
Legal Services of North Texas.....(214) 748-1234
Womens Advocacy Project.....(214) 374-HOPE

MEDICAL

Dallas

Parkland Health and Hospital Systems.....(214) 590-8000
North Dallas Shared Ministries.....(972) 620-8696

Fort Worth

JPS Hospital and Clinics.....(817) 920-7000
www.jpshhealthnet.org

PARENTING SERVICES

Parenting Advice Line.....(817) 332-6399
For Families Outside of Tarrant County.....(800) 369-4230
Dallas Association for Parent Education (Warmline).....(972) 699-7742
The Parenting Center Fort Worth Office.....(817) 332-6348
The Parenting Center Arlington Office.....(817) 275-7576
The Parenting Center Mansfield Office.....(817) 477-1010

PERSONS WITH DISABILITIES

www.dars.state.tx.us/drs/index.shtml

Dallas

- Northwest Field Office.....(214) 467-5560
- Southwest Field Office.....(214) 467-5500
- Northeast Field Office.....(214) 378-2600
- Southeast Field Office.....(214) 467-5530

Fort Worth

- West Field Office.....(817) 759-3750
- North Field Office.....(817) 759-3710
- South Field Office.....(817) 321-8500
- National Dissemination Center for Children with Disabilities

www.nichcy.org

<http://www.nichcy.org/Pages/StateSpecificInfo.aspx?State=TX>

SENIORS

- Senior Source.....(214) 823-5700
- Area Agency on Aging Tarrant County.....(817) 258-8081

UNEMPLOYMENT SERVICES

- Dallas Local.....(972) 339-6200
- Fort Worth Local.....(817) 420-1600
- Toll Free.....(800) 939-6631

www.twc.state.tx.us

- Texas Workers' Compensation Commission.....(800) 252-7031

TRANSPORTATION

- Dallas Area Rapid Transit (DART).....(214) 979-1111
- Greyhound.....(214) 849-8966
- Trinity Railway Express.....(817) 215-8600